



DEPARTMENT OF HEALTH AND HUMAN SERVICES

Office of the Secretary

[Document Identifier: HHS-OS-19158-30-D]

Agency Information Collection Activities; Submission to OMB for Review and Approval; Public Comment Request

AGENCY: Office of the Secretary, HHS

ACTION: Notice

**SUMMARY:** In compliance with section 3507(a)(1)(D) of the Paperwork Reduction Act of 1995, the Office of the Secretary (OS), Department of Health and Human Services, has submitted an Information Collection Request (ICR), described below, to the Office of Management and Budget (OMB) for review and approval. The ICR is for a new collection. Comments submitted during the first public review of this ICR will be provided to OMB. OMB will accept further comments from the public on this ICR during the review and approval period.

**DATES:** Comments on the ICR must be received on or before [INSERT DATE 30 DAYS AFTER DATE OF PUBLICATION IN THE FEDERAL REGISTER].

**ADDRESSES:** Submit your comments to [OIRA\\_submission@omb.eop.gov](mailto:OIRA_submission@omb.eop.gov) or via facsimile to (202) 395-5806.

**FOR FURTHER INFORMATION CONTACT:** Information Collection Clearance staff, [Information.CollectionClearance@hhs.gov](mailto:Information.CollectionClearance@hhs.gov) or (202) 690-6162.

**SUPPLEMENTARY INFORMATION:** When submitting comments or requesting information, please include the Information Collection Request Title and the document identifier HHS-OS-19158-30D for reference.

Information Collection Request Title: Doing It For Ourselves (DIFO) Program

**Abstract:** The Office of Women's Health (OWH) and the Department of Health and Human Services (HHS) Coordinating Committee on Lesbian, Gay, Bi-sexual and Transgender (LGBT) Issues have prioritized the collection of health data on LGBT populations. In response, OWH funded an initiative to identify and test effective and innovative ways of reducing obesity in lesbian and bisexual women. The DIFO intervention has been developed in San Francisco to address what is known about local LB women's community norms, common barriers to health, patterns of physical and mental health access, and preferences for health services and health outcomes. The evaluation of the DIFO program will address the following research question: Does an intervention based on an ecological model of LB women's health result in improved health, as defined by: quality of life, decreased weight, improved nutrition, and increased physical activity? The project is scheduled for one year.

**Need and Proposed Use of the Information:** Addresses barriers to health for the LB community, and promotes overall health and wellbeing. The intervention will incorporate community-identified weight loss/risk reduction needs of this population. Following the completion of the surveys and interventions, collected data will be used to develop increased health-related services and activities for LB women, web-based tools and materials for LB women, increased community recreation resources inclusive of sexual minority women.

**Likely Respondents:** Lesbian and bi-sexual women forty years of age and older.

**Burden Statement:** Burden in this context means the time expended by persons to generate, maintain, retain, disclose or provide the information requested. This includes the time needed to review instructions, to develop, acquire, install and utilize technology and systems for the purpose of collecting, validating and verifying information, processing and maintaining information, and

disclosing and providing information, to train personnel and to be able to respond to a collection of information, to search data sources, to complete and review the collection of information, and to transmit or otherwise disclose the information. The total annual burden hours estimated for this ICR are summarized in the table below.

Total Estimated Annualized Burden - Hours

| Forms                      | Number of Respondents | Number of Responses per Respondent | Average Burden Hours per Response | Total Burden Hours |
|----------------------------|-----------------------|------------------------------------|-----------------------------------|--------------------|
| Screening Tool             | 180                   | 1                                  | 5/60                              | 15                 |
| Baseline Survey            | 168                   | 1                                  | 30/60                             | 84                 |
| Follow-Up Survey           | 224                   | 1                                  | 30/60                             | 112                |
| End-of-Program Focus Group | 112                   | 1                                  | 1                                 | 112                |
| <b>Total</b>               |                       |                                    |                                   | <b>323</b>         |

---

Keith A. Tucker

Information Collection Clearance Officer

[FR Doc. 2013-17214 Filed 07/17/2013 at 8:45 am; Publication Date: 07/18/2013]